

# The Glenbeigh Gazette

ISSUE 14  
Summer 2015

Compiled and Printed by  
Glenbeigh Community Council.



## Welcome to our Summer Gazette



After savouring wonderful summerlike temperatures last month, it is probably safe to say that we are now yearning for summertime to begin in earnest! And as we look forward to blue skies to make the most of the longer days, gradually we find ourselves growing giddier with the promise of sunshine on the horizon.

Nothing beats a good Irish summer but alas, a sun-filled one is not a guarantee! So, while it is inevitable that some of us will jet off to sunnier destinations, those who opt for a staycation, a holiday that gives us more than just a tan will not be disappointed. This is certainly true of our own little haven on the Wild Atlantic Way. As Glenbeigh nestles cosily between the surrounding horseshoe of mountains and Dingle bay, it is an idyllic playground for natives and visitors to enjoy the simple pleasures of life.

Walkers, horse trekkers, anglers and hang-gliders as well as water sports enthusiasts, golfers and bird watchers flock (pardon the pun!) to this beautiful landscape for adventure and relaxation. However, history buffs and culture vultures out there will also discover that folklore, history and culture are not in short supply – for instance, 5,000 year old rock art can be seen at Kealdubh, rare plant life is often found growing on the Rossbeigh Dunes and historical landmarks such as Wynne's Folly and the Sunbeam Wreck are all a testament to our past. So, whether it's conquering tough hiking trails on the Kerry Way, indulging in artisan foods at our farmers market, tracing the steps of our ancestors, placing a bet at the race festival or simply enjoying a family picnic by the seashore, locals and holiday-makers can experience it all in Glenbeigh. And there's more! If you're feeling lucky, our annual monster bingo happening on 31st July next cannot be missed – a great way to begin your August Bank Holiday Weekend.

To live in such picturesque countryside is a privilege which should always be valued and never taken for granted. To ensure it remains clean and attractive for the enjoyment of everyone requires a great deal of commitment, hard work and vital financial support. We ask each member of the community, resident and visitor, to play a part in keeping Glenbeigh litter and pollution free and as a result of this co-operation, we trust that we can achieve another successful outcome in the 2015 Tidy Towns Competition.

Lastly, we hope that the many endeavours that contribute to the enhancement of our village and environs is complemented by The Glenbeigh Gazette, which is intended to play a positive role in advertising and promoting the various activities and events taking place in and about our parish. We see it as a tool for connecting members of the community with the happenings in their area. Despite this, we regret to announce that due to the cost of printing, the magazine will be published twice yearly rather than quarterly. We hope this decision will not dampen enthusiasm for the gazette but encourage even greater support going forward, in whatever manner possible.

Until our Christmas edition, have a wonderful summer of magic moments  
and stay safe!

*From all in the Community Council*



# GLENBEIGH GYM

CHRIS' PERSONAL TRAINING & FITNESS

Personal Training • Men/Women Group Sessions  
Team Fitness Sessions • Nutrition

Tel: 087-7769160

email: coshully@hotmail.com



Bootcamp will be starting in June and will be held every 2nd Saturday in the GAA field @11am. **Only €10!**

## LADIES FITNESS CLASSES

Mondays @ 6.30 and Thursdays @ 7pm  
Mornings- Mondays, Wednesdays & Fridays @ 9.30am

You can pick and choose between the morning & evening classes.

- 1 class per week for 6 weeks: €40
- 2 classes per week for 6 weeks: €70
- €8 pay as you go

GET FIT & HEALTHY WHILST HAVING FUN  
TOGETHER AS A GROUP!!!

Great Gym Membership Offers available including One to one Personal Training.  
A fitness and dietary program is tailored to your individual needs.  
Strength & Conditioning for Sport is also on offer!!

Football  
Races  
Basketball  
Skills

## CHRIS' FUN, FIT & HEALTHY SUMMER CAMP

DAY CAMPS  
AGE 6-12 YEAR OLDS  
ONLY €10 PER DAY  
10AM-2PM

Soccer  
Games  
Obstacle  
Courses

**DATES:** Monday 20th July • Wednesday 22nd July • Friday 24th July  
Tuesday 28th July • Thursday 30th July

**VENUE:** Glenbeigh/Glencar GAA Pitch, Glenbeigh

Please provide a packed lunch and drinks (No glass bottles allowed)  
Depending on weather sun screen, waterproof jacket and suitable clothing should be provided

**LIMITED AVAILABILITY  
SO GET YOUR BOOKING FORMS IN ASAP**

**CAMP LEADERS** Chris & Jenny O'Sullivan

Please return the booking form below & payment to:  
Chris O' Sullivan  
Chris' Fun, Fit & Healthy Summer Camp,  
3 Clearwater, Glenbeigh,

## BOOKING FORM

NAME	AGE	D.O.B.	DAY(S) REQUIRED	TOTAL

**TERMS AND CONDITIONS OF THE CAMP** Each child must behave in a respectful manner and follow the rules of the camp leader. Participation is also required for all activities. Misbehaviour and behaviour that puts them or others at risk will result in expulsion from the camp and the camp fee will be forfeited. The camp does not accept responsibility for loss of property or injury sustained during the camp. Individual insurance can be taken out if you so wish. The camp is not responsible for any children outside of camp hours. Payment of camp place is non-refundable.

# **Bláthanna Na Sráide 2015- Fifth Annual Glenbeigh Floral Competition**

*The National Tidy Towns judging takes place anytime from the 1st June onwards each year. We would urge everyone to please try and make an extra special effort. This year we are asking homeowners and businesses to make a special effort with floral displays, window boxes, hanging baskets, etc. In conjunction with this year's tidy towns, for the fifth year in a row, we are running a floral competition.*

## **The following are the categories and prizes sponsored by Glenbeigh Community Council.**

- 1. Best Private Home Floral Display, Prize €50**
- 2. Best Business Floral Display, €75**
- 3. Best Estate Floral Display, €125**

**NB:** Judging will take place the week beginning 12th July. Winners will be notified in August and results will be published on our website, [www.glenbeigh.ie](http://www.glenbeigh.ie) and in The Kerryman notes.

Our success in the Tidy Towns competition is dependent on the participation of the local community council, home owners and local businesses united together. We believe that with a positive attitude and a little help from everyone we can top our category, improve the character of our lovely little village and as a result encourage every single tourist to stop here.

## **Glenbeigh/Glencar GAA**

*Everyone at Glenbeigh Glencar would like to thank John Griffin for his very kind donation of €5000, John's generosity knows no bounds. We have purchased new juvenile goals with this money which will benefit all our up and coming footballers.*

*Thanks John*

*Aidan Roche  
Chairman Glenbeigh Glencar*



# Works Completed

## By Glenbeigh Community Council Ltd

### HIGH ROAD

1. Hedgerows and grass verges are continually maintained
2. Gowlane picnic area is maintained throughout the year.



All of these works which have been carried out throughout the year have improved and enhanced this road.

### HOUSING ESTATES

Seaview Terrace and Avenue Drive:



Both estates are maintained and the grass is cut on a regular basis throughout the year. Footpaths are cleaned and different planting takes place.

### KEELNABRACK ROAD

Grass verges and hedgerows cut as far as old railway cottage. Glenbeigh Community Council made representations to KCC to get this road re-surfaced and are glad to say work is underway and will be completed by the end of the Summer. We would like to say a big thank you to Michael Cahill for securing funding for this project.

### REENALAGANE ROAD

Grass verges and hedgerows cut and maintained and kept litter free.

### MAINROADS

Mainroads on both sides of the village are maintained to a very high standard throughout the year. Grass is cut and maintained to a high standard on all roads entering and exiting the village.



### RUBBISH:

Roadside rubbish is collected on a regular basis on all roads surrounding the village. As a result, the amount of rubbish has decreased over the last two years.

### ROSS CROSS

A footpath has been put in place and the sign was moved to give better access. The fence is treated and maintained to a high standard.



### GRAVEYARDS

Both graveyards have been maintained and grass cut throughout the year by Glenbeigh Community Council Ltd with the help of locals who turned out on one evening, once a month to help out. The gates and railings in the graveyards have been painted.

### NATIONAL SCHOOL

We created a handball facility at Glenbeigh National School for all kids to enjoy.



### ROSSBEIGH BEACH:

Playground at Rossbeigh beach is maintained, grass cut, rubbish collected by Glenbeigh Community Council Ltd. This is a fantastic facility for the local community and visitors alike. Picnic tables in Rossbeigh have been painted.



## CURRA ROAD TO THE KILLEEN

This road is kept trimmed neat and tidy and some new planting has just been completed this year.



## COIS NA HABHAIN & INCHEREA ROADS

These roads are kept trimmed neat and tidy.

## BEHY BRIDGE

Many thanks to Kerry County Council for fulfilling our request and surfacing the road into the wall on the Behy bridge.



## VILLAGE

The pavements and bricks in the village are power-washed regularly, the weeds are controlled and kept clean and tidy.



## SPRING CLEAN UP

Spring Clean Up organised with the Beach clean-up on 28<sup>th</sup> March and for the following week. Segregation and collection of rubbish organised.



## HEALTH CENTRE

The environs of the Health Centre are cleaned and maintained to a high standard and flower boxes were planted for the windows.



## FLOWERS

Flowerbeds are planted, watered and maintained in various locations around the village.



## COMMUNITY CENTRE MAINTENANCE

Glenbeigh Community Centre is cleaned and maintained daily for all groups to use and the outside railings have been painted. (see below)



## BOTTLEBANK:

Bottle bank is cleaned on a daily basis and the collection company is phoned to pick up recycling when full and as a result we have one of the cleanest bottle banks in the county.

**Glenbeigh Community Council Ltd would like to thank all their Tidy Towns volunteers the Community Employment participants and a special thank you to all the local people who paint houses, plant flowers and maintain grass verges at the front of their properties.**

# Cumann Na mBunscol Project



This year we in Glenbeigh N.S became involved in the Cumann na mBunscol project competition. Cumannna mBunscol promotes traditional Gaelic games in primary schools with the focus on participation and enjoyment.

In Glenbeigh N.S we have a long tradition of playing gaelic games-football-boys, girls and mixed games, also handball. We participate each year in Allianz Cumann na mBunscol , mini sevens and Mid-Kerry competitions.

In completing the project we interviewed past pupils of the school who play with our local club Glenbeigh/Glencar, players who represented Mid-Kerry and Kerry in inter county competitions.

Each of these players of distinction spoke and wrote of their pride of the school and club, their recollections of games, the friends they made and their enjoyment of being involved in our traditional games.

Our parents wrote of the huge benefit to their children playing and enjoying football and handball.

Our success in this project competition won us a trip to Croke Park and a guided tour of the stadium. The highlight of the tour was meeting Aogan o Fearghaill president of the GAA.

We would like to thank all the contributors to our interviews and the experience of this research confirms for us the privilege of being involved in such a strong tradition of Gaelic games.

## Glenbeigh/Glencar Defibrillator Group

A defibrillator delivers an electrical current through the chest which aims to shock the heart back into a normal rhythm allowing it to pump again. Rapid response using automated technology can significantly improve the quality of life of a survivor, as the longer the brain is starved of oxygen, the more damage that can occur. An Automated External Defibrillator (AED) is a portable defibrillator especially designed for people with no medical background. When applied to the victim, voice commands and/or screen messages will guide the user step-by-step through the process and its intelligent technology will only allow it to shock a 'shockable' heart rhythm. AED technology opens a window for the public to take on a key role to support emergency services who would otherwise be hindered by the time it takes to reach the victim.

AEDs are designed to be simple to use for the layman, and CPR and the use of AEDs courses are arranged in Glenbeigh/Glencar through our local defibrillator group. You can contact us through our facebook page **Glenbeigh Defibrillator Group** or call Mary O'Sullivan (087) 232 2868 or Sheila Page (087) 350 9148

The local Glenbeigh and Glencar Defibrillator Groups oversee the provision and maintenance of three defibrillators in the local area. They are positioned as follows:

**Glencar Community Centre** – attached to the external wall.

**Glenbeigh GAA pitch** - in a room on the left, outside the main entrance to the Sports hall. It is well signed.

**P.M Riordan's Shop at the Mountain Stage (Clara's Shop)** - attached to the external wall in the front alcove.



The group would like to thank Clara for allowing the AED storage box to be attached to the external wall of her premises and to also have it connected to her electricity supply, so that the heated box will optimise the longevity of this new defibrillator. Please note that there is no longer an AED at Rossbeigh beach as the salty/damp conditioned corroded the previous device.

Now that you have these life-saving devices at your fingertips why not equip yourself with the knowledge and skills to use them. Together we can make a difference so book yourself on a course now.

# Jack's CROMANE

Cromane Lower, Killorglin, Co. Kerry  
Tel: 066 976 9102 • E-mail: [info@jackscromane.com](mailto:info@jackscromane.com)  
[www.jackscromane.com](http://www.jackscromane.com)

## MAY

**Child's Communion Party** - 3 Course Menu €25.00 per adult.  
**NEW HOUSE MENU** available - 4 Courses €31.95, 5 Courses €38.95.  
**New Spring A La Carte Menu** also available.

## MUSIC & EVENTS - STATION BAR

Every Sunday Night from 8pm - JP, Dominic & Friends  
Sunday May 31st, from 9pm - Live music: Ciaran Ring

## JUNE

**Summer Ball:** Friday June 5th (this year's theme is 'A Night at the Opera').  
Exquisite 4 course meal and a variety of entertainment throughout the evening.  
Tickets €55

## MUSIC & EVENTS - STATION BAR

Every Sunday Night from 8pm - JP, Dominic & Friends  
Sunday June 28th, from 9pm - Live music: Fergus of The Real Deal Band

## JULY

**Cromane Coastal Rowing Regatta:** Sunday July 12th

## MUSIC & EVENTS - STATION BAR

Every Sunday Night from 8pm - JP, Dominic & Friends  
Sunday July 26th from 9pm - Live music: Declan & Vinny

## AUGUST

## MUSIC & EVENTS - STATION BAR

Every Sunday Night from 8pm - JP, Dominic & Friends  
Sunday August 2nd from 9pm - Live music: Barry McGrath of The Bansha Boys  
Friday August 7th from 9pm - Live music: Whiskey B4 Breakfast

## OCTOBER

**Booze & Boos Halloween Party:** Saturday October 31st from 9pm. Music with Barry McGrath of the Bansha Boys. Prizes for Best Costume.



# Towers hotel



## MAY MUSIC

30th Live Music TBC

## JUNE MUSIC

6th Henry McGinty  
7th Brightside  
13th Neilly O Connor  
20th Martin Williams  
27th The Sunday Cure  
28th The Bansha Boys

## JULY MUSIC

4th Henry McGinty  
5th Donal Holland  
8th Back By Popular Demand Terminal 2  
11th Neilly O Connor  
12th Bansha Boys  
15th Terminal 2  
18th The Sunday Cure  
19th Donal Holland  
22nd Terminal 2

24th Hanora  
25th Martin Williams  
26th Brightside  
29th Terminal 2

## AUGUST MUSIC

1st Henry McGinty  
2nd Neilly O Connor  
3rd Martin Williams  
5th Terminal 2  
8th The Sunday Cure  
9th Brightside  
12th Terminal 2  
15th Hanora  
16th Donal Holland  
19th Terminal 2  
21st Brightside  
22nd Glenbeigh Festival & Races Village Stage  
23rd Neilly O Connor in Sweeneys Bar  
26th Terminal 2



- The Towers OLDE BAR has a brand new menu, served daily from 12 - 9pm
- Additional seating and bookings available in THE LOFT RESTAURANT.
- The CURRA RESTAURANT open Friday and Saturday nights from 7pm, open 7 nights from June 1st.



**Towers Hotel Glenbeigh, Co Kerry.**  
**T: 066 9768212 • E: [towershotel@eircom.net](mailto:towershotel@eircom.net)**  
**[www.towershotel.com](http://www.towershotel.com)**

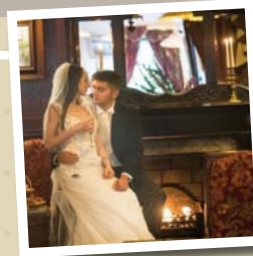
# ASHES BAR

## GLENBEIGH

*June & August Bank Holidays*  
**Live Music Sat & Sun nights**

**LOOK OUT FOR LIVE MUSIC THROUGHOUT JULY & AUGUST**  
**All sports shown on our TV's throughout the summer**

**Tel: 066 9768 216 E-mail: [ashesbar@hotmail.com](mailto:ashesbar@hotmail.com)**



# Wedding Fayre

## TOWERS hotel

*The Little Belfry Chapel, Towers Hotel, Glenbeigh  
Kerrys Most Unique Wedding Venue*

**Sunday September 20<sup>TH</sup> (2-6pm)**

*You are cordially invited to join us on Sunday 20th September from 2pm-6pm at The Towers Hotel & Little Belfry Chapel Wedding Fair. Our wedding team will be on hand to talk to you about everything you ever dreamed of for your wedding day and discuss the options available to make your wedding an everlasting memory for you and your guests.*

*Prosecco on arrival and our selection of house wines & canapes will be served on the day. Our unique venues will be dressed and detailed as they would be for your special day.*

**The Little Belfry Chapel • The Curra Restaurant  
The Loft Restaurant • The Terrace**

**For more information on this & much more  
contact Leta O Sullivan on 066-9768212 / [towershotel@eircom.net](mailto:towershotel@eircom.net)**

